



Running Club



What: A club offered to **students in grades 1-6** here at CTA Liberty. If your child is in Kindergarten and they have an older sibling in running club, he/she may also participate in running club. We meet 1 time a week and build endurance, confidence, friendships and team spirit. We will run every practice in order to build endurance so that we can compete against other schools in the Chandler Unified School District 3rd quarter. Students will receive awards for miles run. At the end of 3rd quarter all runners who had good attendance and did their best will receive a gold medal at our end of season celebration. Additionally, if you would like to run with the running club, parents are always welcome or you can also assist with completing log sheets and passing out treats.

When: Wednesdays 2:40-3:40 p.m. 2nd and 3rd quarter. (3rd quarter we have 3 races against other Chandler schools on Tuesdays or Thursdays). ***Our first practice will be Wednesday, November 8th.***

Where: We meet on the basketball courts and will run around the school grounds and the park adjacent to the school.

Please fill out, sign and return the bottom of this slip to Miss Freeman by, Friday, October 27th. (you can send it in your child's homework folder and their teacher will put it in Miss Freeman's mailbox). ****Cost for running club is \$10 paid through infinite campus. If you need a fee waiver, forms can be found online. A permission slip and payment must be received before your child begins running club. Fees must be paid by November 1st.**

****Running Club T-shirt order forms will be sent home at a later date.**

Thank You- CTA Running Club Coaches

cut and return

Child's Name _____ Grade/Teacher _____ Gender _____

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I give my child(ren) permission to attend running club at CTA-Liberty every Wednesday after school. I will arrange for them to be picked up in the **back parking lot** at 3:45.

_____ / _____

Parent signature print name Parent Phone #(s) email

****Please e-mail me freeman.christina@cusd80.com and write "e-mail running club list." This will help me create a mass e-mail list for our Running Club. Thanks!**

The following is a list of guidelines. Please read and discuss these with your child and then sign the form below and return. We will discuss these guidelines as a group on the first day of running club. Each child should understand that failure to follow these guidelines may result in the immediate expulsion from running club.

Please feel free to email me with any questions or concerns.

1. All runners must attend practices unless absent from school, other misses practices must be explained by a note or email. **THREE UNEXCUSED ABSENCES MAY RESULT IN THE RUNNER BEING EXPELLED FROM RUNNING CLUB.** CTA Goodman sponsored academic clubs (tutoring, battle of the books, etc.) are considered excused absences.
2. Runners must check in and out of running club meetings. **NO** runners may be picked up while on the running course. All runs begin and end on the basketball courts. Parents may only pick up children from the basketball courts or in the pick-up line at the back of the school. **Running club ends at 3:40.**
3. When at running club, runners will be expected to participate. **Please do not come to running club if you are unable to run (injured, sick, etc.).**
4. Any runner quitting running club will not be permitted to rejoin during that school year.
5. **WHEN RUNNING OFF-CAMPUS**, all runners will be expected to stay with a partner and to stay on the sidewalks.

Sincerely,
CTA Liberty Running Club Coaches

I have read and discussed the guidelines with my child. My child and I understand that the guidelines must be followed or it may result in expulsion from running club.

Student Name (Printed)

Student Signature

Parent Signature

Date

****Please make sure to review the running club activity page on the school website for running club updates this year.**